



## **Super Salad Selection**

### **Watermelon and Feta Cheese Salad**

Finely diced watermelon, feta cheese, rocket leaves, freshly chopped parsley leaves, red onion, pomegranate and roughly chopped pistachio nuts with olive oil  
*Contains allergens 5, 7*

**£7.95**

### **Broccoli, Sundried Tomato & Kalamata olives**

This healthy salad contains broccoli florets, sun-dried tomatoes, finely sliced shallots, black Kalamata olives, sliced almonds dressed with an olive oil, honey and lemon dressing  
*Contains allergens 5,13*

**£7.95**

### **Quinoa Tabbouleh Salad**

Salad with quinoa, tomatoes, cucumber, parsley & mint leaves, green onion and olive oil dressing  
*Contains allergen 6*

**£7.95**

### **Creamy Mexican Kale Salad**

Hearty and crunchy salad. Kale, black beans, corn and tomatoes combined with a hit of jalapenos for a heat kick, red onion, coriander, tossed in a tangy, creamy dressing with a cumin flavour punch  
*Contains allergen 7*

**£7.95**

**Please see last page for allergen information or ask your server**

**Available daily from 12.00 pm until 5.00 pm**



### **PANINIS OR FLAT BREAD**

All served with chef's seasonal salad and coleslaw

Contains allergen 5,6,7

**Chargrilled Chicken, Lightly Smoked Armagh Bacon and Smoked  
Applewood Cheese**

*Contains allergen 7*

**£6.50**

***Spicy Chorizo, Red Onion, Roasted Red Pepper and Montgomery  
Jack Cheese***

*Contains allergen 7*

**£6.50**

**Chicken, Red Onion & Sweet Chilli Cheddar**

**£6.50**

**Pepper Crusted Beef, Sautéed Onions and Fivemiletown Brie**

*Contains allergen 7*

**£8.00**

**Chargrilled Courgette and Peppers, Goat's Cheese and Basil Pesto**

*Contains allergen 7*

**£6.50**

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